



## VILLAGE NEWSLETTER

### FALL 2016

*RUBERTA WEAVER - CELEBRATING HER 100 BIRTHDAY*

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### ***Comments from Colleen***

We hope you are well and enjoying the long days of summer. We have fun and informative events planned for the next few months. Over the past six months the PVP Village has grown to 61 members and 40 trained and vetted volunteers ready to help you with your needs; the volunteers have helped with over 50 requests for rides, walks, shopping, computer issues, organizing, help with cleaning out closets and garages, and doctors' office visits. Please do not hesitate to call or email me to ask for help in any way. If we are unable to assist you, we have a list of referrals for you to utilize.

We have a very special PVP Village Celebration coming up featuring Helen Dennis and Paul Irving at the Palos Verdes Golf Club on October 13<sup>th</sup>. Mark your calendar now; you won't want to miss it.

Our Village Volunteers are forming friendships with members, offering companionship, providing a safety net for members and having fun. If your friends would like to learn more about the PVP Village, please give them my number or



have them visit me at the Peninsula Seniors Activities Center on the 2<sup>nd</sup> Friday of each month from 10:00 AM to 11:00 AM for *Coffee with Colleen*. Or if you have thoughts about the Village or would just like to chat, join *Coffee with Colleen* yourself!

Hope to see you all very soon,  
Colleen Cotter

Executive Director

310-991-3324

[peninsulavillagepvp@gmail.com](mailto:peninsulavillagepvp@gmail.com)

**CELEBRATING RUBERTA WEAVER'S  
100th BIRTHDAY  
August 4, 2016**



Ruberta Weaver lives on a quiet street high in the Miraleste Hills above San Pedro. She greets visitors with a warm smile and twinkling blue-gray eyes that reflect her gracious hospitality. Her shrewd comments on the appearance of Bernie Sanders in the Harbor area below reveal her sharp mind and the depth of her wisdom.

When Ruberta was born on August 4, 1916, World War I was raging. Four years would go by before the ratification of the 19<sup>th</sup> Amendment and the right to vote was granted to women. Today, the elegant Mrs. Weaver anticipates the celebration of her 100<sup>th</sup> birthday. What an amazing 100 years Mrs. Weaver has enjoyed. She recalls that her father was a junior at UC Berkeley when he was married, and two years later when she was born, he was the local elementary school principal.

Her childhood was spent playing on the Berkeley campus and sailing boats with her brother down Strawberry Creek. When she was just four years old, her mother died in a tragic accident. Ruberta and her brother were sent to live with their paternal grandparents on the family farm in Clovis where there was no indoor plumbing, no electricity, and no running water.

Her grandparents had migrated from Arkansas and Tennessee. Family lore relates that her grandmother arrived in California in the caboose of a freight train. Her name was Tennessee, and she was called "Tenny". Ruberta learned to love the outdoors in Clovis and later during summers spent at Yosemite National Park where her father had become the Park Naturalist.



Ruberta completed high school in Berkeley where her stepmother was a supervising high school teacher. She attended UC Berkeley as an undergraduate; tuition was only \$19.00 a semester and school enrollment was 12,000 students. After earning a degree in public speaking, Ruberta matriculated at the University of Wisconsin where she earned a master's degree in oral interpretation and also met her husband, John. When they married in 1940, World War II was looming, and John became a 2<sup>nd</sup> Lieutenant in the Navy. As an Arctic Intelligence Officer, he created an ice atlas that described ice floes in harbors, oceans, and waterways around the world. The atlases were maintained on every American ship at sea.

Ruberta and their two sons accompanied John from Missouri, Minnesota, and Kansas back to Wisconsin, and ultimately to USC in California as John pursued his career in teaching and academic administration.

Through the years, Ruberta has supported the great strides made by women. Following a similar path today, Ruberta remains active and engaged and lives life to the fullest. She simply doesn't stop. When John was at USC, she was president of the USC Faculty Women's Club. She joined Town and Gown and soon became president of the organization. In RPV, she has been on the advisory board for the Salvation Army, homeowner association president for 20 years, and very active in the Neighborhood Church where she sings in the choir and participates in their Christmas pageants. She has been part of the cast in "Oklahoma" and "Fiddler on the Roof". She also enjoys opera, the L.A. Philharmonic, the film society and activities at the Palos Verdes Library.

What a shining example this extraordinary lady is for all of us, and how fortunate we are that Ruberta is a member of the Palos Verdes Peninsula Village. That's Ruberta with a "u", she will tell you not missing a beat. Her name is not misspelled. "Ruby was my mother's last name," she explains, "and Albert was my father's first name. My name is a blending of the two."

***HAPPY BIRTHDAY  
RUBERTA***



## *Brunch on Sunday July 17<sup>th</sup> was a Highlight of Spring.*



Gracious host Margi and Steve Jordan  
Aka Farmer Steve



Patricia Prideaux, Ruth Bloland, Muriel Blatt and  
Marion Parsons

## ***WHAT ELSE HAS BEEN HAPPENING IN THE VILLAGE?** We've been busy with you and for you*

### *Members have enjoyed*

- ✓ Rides to events such as Botanic Garden Specials
- ✓ Trips to the Farmer's Market
- ✓ Medical Ethics Conversations
- ✓ Sheh's home for the Optimal Aging Talk
- ✓ Del Amo Mall shopping and lunch
- ✓ Visits to the library
- ✓ Walks at the Interpretive Center
- ✓ Memory Booster discussions
- ✓ Rides to doctor's appointments
- ✓ IT learning event
- ✓ Hair dresser and salon appointments
- ✓ Help with small repairs and pool and patio cleaning
- ✓ Garage clean-up
- ✓ Moving large boxes
- ✓ IT class/training at the PV Golf Club

### WELLNESS FORUM WORKING THE BRAIN

Memory Boosters at  
Hesse Park



Ruberta Weaver with longtime friends Sherry and Bill  
May at a Medical Ethics discussion



# GROUP FORMING

Would you like a buddy with whom you can check-in daily, either by phone or email? "Hi, is everything OK over there?"

We'll do the pairing, maybe for a month at a time, and the buddies will agree on time and frequency of the check-ins.

Call or email:

Judy Purvis [bjpurvis@cox.net](mailto:bjpurvis@cox.net) 310-375-8578



## SMOKE ALARM BATTERY REPLACEMENT DAY

✓ **September 2, Friday**

### **Members Only**

Don't wait for the chirp in the middle of the night.

Ed Newhall, Village volunteer, will replace batteries in your smoke alarms.

To sign up for an appointment, call or email Ruth Bloland [rbandmali29@cox.net](mailto:rbandmali29@cox.net) 310-377-8223.

Please indicate the number of alarms for which you want batteries replaced.

Members will buy batteries, Ed will install. (Let us know if you need assistance purchasing the batteries.)

Several days before Sept. 2, we will arrange the visits geographically and will call you to let you know your appointment time.

## PALOS VERDES LIBRARIES

New online services are available in the Palos Verdes Library: Rosetta Stone, World Book Student Edition, JSTOR, and Total BooX. The Rosetta Stone features courses in 30 languages to meet a range of community needs. JSTOR is a growing digital library of academic journals, books and primary sources. Total BooX is a new kind of an e-book reader.

For more information, go to [www.pvld.org](http://www.pvld.org).

**MAJOR EVENT**  
**“THE UPSIDE OF AGING: CELEBRATING THE PALOS VERDES  
PENINSULA VILLAGE”**

**October 13, 2016**



**Paul H. Irving** is the chairman of the Milken Institute Center for the Future of Aging and distinguished scholar in residence at the Davis School at USC's Andrus Gerontology Center. He previously served as President of the Milken Institute and as an advanced leadership fellow at Harvard University. The editor of "The Upside of Aging: How Long Life is Changing the World of Health, Work, Policy and Purpose", Mr. Irving's experience in the field is vast and impressive. Under Mr. Irving, the Milken Institute launched its "Best Cities for Successful Aging" initiative, a report, index, and data site that evaluates and ranks U.S. metropolitan areas that best provide opportunities for older adults.

**Helen Dennis**, our Palos Verdes Peninsula Village Board Director, also teaches at the Davis School at USC's Andrus Gerontology Center. She is a nationally recognized columnist with the Los Angeles Newspaper Group, key-note speaker, co-author of the New York Times bestseller, "Project Renewment: the First Retirement Model for Career Women", and leader on issues of aging, employment, and retirement. As a recognized expert in the field, Helen was a delegate to the 2005 White House Conference on Aging and has extensive experience with the media.

Paul Irving and Helen Dennis will get together for a lively conversation on the upside of aging at the Palos Verdes Golf Club on October 13, 2016 from 2:00 – 4:00 at the Palos Verdes Golf club. This special event is a celebration of the Palos Verdes Peninsula Village, the people who have made it possible through their hard work and innovation, and those who envision enhancing the way we are aging in the 21<sup>st</sup> Century through community, volunteerism, and humor. Members and non-members are invited. Guests will include your local elected officials and of the community leaders. **RSVP to Colleen Cotter at [peninulavillagepvp@gmail.com](mailto:peninulavillagepvp@gmail.com)**



## Sherry May and The PV Village honored by H.E.L.P.

The Palos Verdes Peninsula Village and its Board Chair, Sherry May, were recently honored by H.E.L.P. (Healthcare and Elder Law Programs Corporation), a Village community partner, during their 20th Anniversary celebration at the Palos Verdes Golf Club. H.E.L.P. is a South Bay non-profit education and counseling center for seniors and their families. The award was presented by Steve Napolitano, Senior Deputy to 4th District L.A. County Supervisor, Don Knabe, along with Britt Huff, H.E.L.P. Executive Director, who is also on the PVP Village Board of Directors. Other award recipients were Sharon Guthrie and Sharon Ryan.

### **Making reservations using our website is easy!**

Go to: [www.peninsulavillage.net](http://www.peninsulavillage.net)

Login using your user name and password.

For your convenience check the box "remember me on this computer." This way you will automatically be logged when you return to the site.

If you don't know your user name or password, e-mail our volunteer member [MariaAshla@cox.net](mailto:MariaAshla@cox.net).

Click "Event Calendar." This will take you to the current month or you can also click the next month (upper right).

Click on the date showing the event, it will take you to a page that gives details. To make the reservation, click "Register Now." If you still are having trouble please email Maria or call Colleen 310-991-3324.

# PLEASE JOIN SHERRY MAY IN WELCOMING OUR NEW PVP VILLAGE BOARD MEMBERS



## **Steve Jordan, Director**

Steve describes himself as simply “a Midwesterner living in Southern California”. Steve retired early as an OB GYN at Kaiser Harbor City and since has kept a very full volunteer schedule with Habitat for Humanity, South Coast Botanic Garden, Seed to Plate program at the Valmonte Elementary School working with special needs young adults, and Kaiser Permanente’s hospice program. Steve and his wife, Margi Braun, are well loved by many Village members for their volunteer work with the Village.



**Lynn Solomita, Director** Lynn had a long career of over 40 years in Human Resources with the Air Force and NASA before moving on to work in community colleges where she continues consulting. Lynn is known in the community for her work as chair and member of the Torrance Civil Service Commission and Secretary to the Behavioral Health Services Board of Directors. She also has been a reading volunteer/mentor at local elementary schools, a docent at the Point Vicente Interpretive Center, Neighborhood Watch Block Captain, and recent Past President of Las Vecinas. Lynn lives in PVE with her husband Phil, two dogs and five cats. It’s no surprise that she is a longtime supporter of “Trap, Neuter, Release, and Adopt” programs for feral cats.



## **Teresa Chi-Ching Sun, Ed.D., Director**

Teresa was recognized in 2014 as a Legend of the Year by the Volunteer Center. She is well known on the Peninsula for her volunteer work as well as her career as an educator. In addition to her service as a Palos Verdes Library District Trustee and a board member of the Norris Center of Performing Arts, she recently has served as President of Help the Homeless Help Themselves and past President of the China Society of Southern California. Her work with Palos Verdes Peninsula Multi-Cultural Committee has had a continuing impact on the community. Teresa has lectured widely on Chinese language, literature and culture at Whittier College, UC Irvine, Cal State LA and CSUDH

*In August Teresa will be offering three sessions on “Understanding Chinese People and Their Cultural Tradition.”*



# CALENDAR

## AUGUST

### Friday August 4<sup>th</sup>

Members and Volunteers

Dr. Brass "Importance of Sleep"

1:00 PM – 3:00 PM

Hesse Park

29310 Hawthorne Blvd., RPV

RSVP to Colleen

### Tuesday August 9<sup>th</sup>

Members and Volunteers

Adult Coloring

1:00 PM TO 3:00 PM

Meet at the back parking area of Pavilions near Hawthorne at 12:45, and we will car pool over to Evie's home. RSVP to Colleen; limited space

### Friday August 12<sup>th</sup>

Coffee with Colleen

10:00 AM to 11:00 AM

Tell your friends who are interested in learning about the Village to stop by the Peninsula Senior's Activity Center.

### Monday August 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup>

Members and Volunteers

Three Lectures for the Understanding of Chinese People and their Cultural Traditions

10:00 AM to 12:00 PM

Teresa Sun, Ed.D.

Hesse Park

29310 Hawthorne Blvd., RPV

RSVP to Colleen

### Friday August 26<sup>th</sup>

Members and Volunteers

Salon: Topic and location TBD

10:00 AM to 12:00 AM

### Monday August 29<sup>th</sup>

Members and Volunteers

Three Lectures for the Understanding of Chinese People and Their Cultural Traditions.  
Teresa Sun, Ed.D.

10:00 AM to 12:00 PM

Hesse Park

29301 Hawthorne Blvd., RPV

RSVP to Colleen

## SEPTEMBER

### Friday September 2<sup>nd</sup> Friday

Smoke Detector Battery Replacement (pg 5)

### September 9<sup>th</sup>

Coffee with Colleen

10:00 AM to 11:00 AM

Tell your friends who are interested in learning more about the Village to stop by the Peninsula Seniors Activity Center

### Friday September 9<sup>th</sup>

Members & Volunteers

Outing & lunch at the PCCH National Horse Show at Ernie Howlett Park 11:30 AM to 2:00

Enjoy watching the riders and horses jump and compete (everyone purchases their own lunch). More info to follow for transportation 29301 Hawthorne Blvd, RPV  
Please RSPV to Colleen—seating is limited

### Monday September 19<sup>th</sup>

Medicare & Medical Updates Talk

10:00 AM to 12:00 PM

RSVP to Colleen – seating is limited.

### Friday September 23rd

Members & Volunteers

Salon: Topic & location TBD

5:00 PM to 7:00 PM

## OCTOBER

### Thursday October 13<sup>th</sup>

Conversation with Helen Dennis & Paul Irving

2:00 to 4:00 PM

Palos Verdes Golf Club

3301 Via Campesina, PVE

### Friday October 14th

Coffee with Colleen

10:00 AM to 11:00 AM

Tell your friends who are interested in learning about the Village to stop by the Peninsula Senior's Activity Center.

### Friday, October 21<sup>st</sup>

Members and volunteers

Salon: Topic and location TBD

10:00 AM to 12 Noon

### Friday, October 28th

Members and Volunteers

IT Help and Lunch at the Red Onion

10:45 AM to 1:30 PM

Peninsula High School

Parking and gathering TBD

### Friday, October 28<sup>th</sup>

PVE Cares

*Open to the public*

10:00 AM to 1:00 PM

*Neighborhood Church*

*415 Paseo Del Mar, PVE*

## NOVEMBER

### Friday October 14th

Coffee with Colleen

10:00 AM to 11:00 AM

Tell your friends who are interested in learning about the Village to stop by the Peninsula Senior's Activity Center

### Monday November 14<sup>th</sup>

Members and Volunteers

Mediation and Relaxation

10:AM to 12:00 PM

Hesse Park

RSVP to Colleen – seating is limited